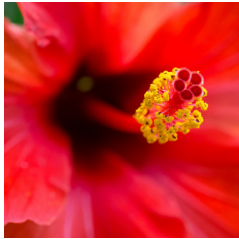


What Is A Life Plan Community?



The Benefits of a Life Plan Community:

A COMPREHENSIVE APPROACH TO AGING

As we age, the idea of a secure, comfortable, and worry-free future becomes a priority. That's why many older adults are turning to Life Plan Communities, formerly known as Continuing Care Retirement Communities (CCRCs). These senior living communities offer more than just a place to live—they provide a thoughtful, all-in-one approach to aging that supports your evolving needs.

Whether you're planning ahead for the future or looking for the right fit now, Life Plan Communities offer peace of mind, convenience, and a vibrant lifestyle in a supportive setting. Here's a closer look at some of the benefits of Life Plan Communities.

Whole-Person Wellness

Healthy aging goes well beyond doctor visits and medicine. Life Plan Communities support physical, mental, and emotional well-being with on-site amenities like fitness centers, yoga classes, pools, walking trails, and healthy dining. They also offer opportunities for personal enrichment through educational programs, art studios, and wellness workshops. Many are set in scenic areas with quiet paths and green spaces—perfect for walking, reflecting, or simply enjoying nature.

What Is A Life Plan Community?

A Built-In Social Network

Staying socially active is vital to well-being, and Life Plan Communities make it easy. With full calendars of fitness classes, book clubs, creative workshops, live entertainment, and group outings, there are endless ways to connect and make new friends. Residents also find meaning through volunteering and community involvement, helping them feel engaged and connected to the world beyond.

Freedom from Home Maintenance

Mowing the lawn, fixing leaks, and managing repairs can become more of a burden over time. In a Life Plan Community, these responsibilities are handled for you, allowing residents to enjoy a truly maintenance-free lifestyle. That means more time for what matters--family, friends, travel, hobbies, or simply relaxing.

Care When You Need It

One of the greatest benefits of a Life Plan Community is access to a full continuum of healthcare services; all in one location. As needs change, residents can move smoothly between independent living, assisted living, memory care, rehabilitation, and skilled nursing without leaving the community or starting over with new providers.

This built-in continuum of care brings peace of mind to residents and their families.

Financial Predictability

Planning for the future is easier when costs are consistent. Many Life Plan Communities use a financial model that includes an entrance fee and monthly service fees covering housing, meals, amenities, and healthcare. While the entrance fee is a significant investment, it often includes lifetime access to care. Some contracts offer refund options, adding flexibility and long-term security.

A Strong Sense of Security

With staff on-site around the clock and established safety protocols, residents can feel confident knowing help is available if needed. This sense of security adds another layer of comfort to daily living.

Peace of Mind for Families

For loved ones, knowing that a parent or relative has access to wellness programs, social connection, supportive care, and a long-term plan brings lasting peace of mind.

In Summary

Life Plan Communities offer more than a place to live. They offer a plan for living well. With built-in social connections, wellness opportunities, healthcare, and financial clarity, they empower older adults to age with confidence, comfort, and community.



For application information or to schedule a tour, contact us at (630) 230-9543 or visit kingbruwaert.org

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